



COMMUNITY CONNECTION

Christian Home Healthcare's | Monthly Newsletter



block house history

written by Bill Backa

Fort Pitt Block House prepared a way for America's Independence.

The Fort Pitt Block House is the only remaining part of Fort Pitt left in the City of Pittsburgh, making it over 250 years old.

Built in 1764 the building was first used to defend the fort from Native American Indian attacks during the mid-18th century. After the British abandoned Fort Pitt in 1772, the Block House was used as a trading post for a number of years. Eventually, the Block House came to be used as tenement housing. The families living in the Block House saved it from being torn down to have the bricks and wood used to build what would become modern day Pittsburgh. As this is what would happen to Fort Pitt, the area around the three rivers started to rapidly grow and the decommissioned fort was torn down to use for the plethora of building materials it was composed of.

From 1764 the Fort Pitt Block House has seen and survived as much as the city from the great flood, to parts of the city being burned, to rapid industrialization from coal and steel, and having to continue to survive and adapt in modern times. The Fort Pitt Blockhouse has become a popular

destination for residents, tourists, and school field trips.

The Fort Pitt Blockhouse predated the American Revolution in 1775 and America's Independence in 1776. It was in a strategic location at the confluence of the three rivers. The Fort Pitt Block House stood through the Civil War and Pittsburgh's steelmaking and industrial years, two World Wars, and Pittsburgh's transformation into a business hub and medical center.

Later it became the site to behold as generations of Pittsburghers passed by it on their way to Pirates and Steelers games. It has been there for many Three Rivers Regattas and fireworks shows during the Fourth of July celebrations. Through it all, the Fort Pitt Blockhouse has become a part of the Pittsburgh landscape and way of life.

So, you are invited! Please come and visit the Fort Pitt Block House and experience the history that it has to share for this Pittsburgh experience.

Information provided by the Fort Pitt Museum, the Buhl Foundation, and the Daughters of the American Revolution. For more information, please call 1-800-732-0999.



OUR MISSION

Christian Home Healthcare is a licensed personal care agency dedicated to helping individuals maintain their independence while in the comforts of their home.

OUR MISSION IS THREEFOLD

We strive to build lasting relationships with those we care for and with our caregivers.

We strive to empower those we care for and our staff members.

We strive to improve the health and well-being of those we care for—and make a positive impact in the communities where we work.

**the care you need
in the place you
call home.**

consumer corner

YOUR PLAN OF CARE

Your Plan of Care is an essential part of your everyday life. It provides specific details about the type of care you need, the number of hours you need along with any necessary medical equipment. The Nursing Staff at Christian Home Healthcare values your feedback during their Initial Assessments and 90 Day Visits.

Let the nurses know if anything has changed in terms of your physical, mental or spiritual status and any changes in your medication.

Together our goal is a better quality of life for you!

refer a friend

Do you have a friend or family member who requires help performing daily living activities like these?

Personal Care, Dressing, Housework, Doctor Appointments, Grocery Shopping, Meal Preparation, or Basic Home Health Needs?

NOT SURE WHO QUALIFIES?

Here is a list of qualifications for services:

- Monthly Income equal to or less than \$2030.00
- Diagnosed with a long-term disability
- At Least 18 Years of Age

If you meet the above requirements, services are Free of Charge!

Please refer anyone who is interested to **Ashlee Phillips** at Christian Home Healthcare 412-323-0203, ext. 6109

our food pantry partners

YORK COUNTY FOOD DISTRIBUTION SITES

Emmanuel Church of God in Christ 717-854-6567

825 East Princess Street
York, PA 17403
Every Tuesday 8:30am-11:00am

Northeast Neighborhood Assn. 717-845-5641

215 Chestnut Street, York, PA 17403
Every Monday 10:00am-2:00pm
Every Wednesday 10:00am-Noon

First Moravian Church 717-845-4638

41 N. Duke Street, York, PA 17401
2nd and 4th Saturday 10:00am-1:00pm

Salvation Army 717-848-2364

30 E. King Street, York, PA 17403
Every Monday-Friday 9:00am-12:00pm
Every Monday-Friday 1:00pm-3:00pm

St. Paul's Lutheran Church 717-843-8155

25 West Springettsburg Avenue
York, PA 17403
Every Tuesday 10:00am-11:30am
Emergencies as needed

The Well/West End Local Link 717-852-7345

408 West Market Street
York, PA 17401
Every Monday-Thursdays
10:30am-1:00pm

St. Matthew's Lutheran Church 717-873-3306

839 W. Market Street
York, PA 17404
Every Wednesday and Friday
10:00am-11:30am
*requirements: Call 717-881-2092
on Monday 9:00am-11:00am to
receive food.

Christ Lutheran Church/Spry 717-741-4639

2385 S. Queen Street, York, PA 17402
Every Tuesday 10:30am-11:30am
3:00pm-4:00pm
Every Thursday 10:30am-11:30pm

****For more information about York County Food Distribution Sites call 717-846-6435.****

our food pantry partners (continued)

COMMUNITY ACTION PROGRAM OF LANCASTER COUNTY FOOD DISTRIBUTION SITES

Alpha & Omega Community Center

717-394-3021

708 Wabank Street, Lancaster, PA 17603
1st and 3rd Tuesday 9:00am-10:30am
*requirements: Photo ID

Arca de Salvacion

717-291-5745

615 N. Marshall Street,
Lancaster, PA 17602
Every other Thursday 10:00am-12:00pm
*requirements: Photo ID,
Lancaster (17602 and 17603)

Assembly of Christian Churches

717-295-3975

220 W. King Street, #209
Lancaster, PA 17602
Every other Friday 9:00-11:00 am
*requirements: Photo ID

Casa de Benediccion

Lancaster Brethren of Christ

717-330-5995

1865 Fruitville Pike
Lancaster, PA 17601
Every other Friday 5:00pm-7:00pm
*requirements: Photo ID: Lancaster
(17601) and East Petersburg (17520)

Conestoga Valley Christian Community Services

717-208-3711

2420 Gehman Lane, Suite 1000
Lancaster, PA 17602
Every Wednesday 9:00am-4:00pm
Every Thursday 1:00pm-7:00pm
*requirements: Conestoga Valley School
District; Appt. only

Crispus Attucks

717-364-6604

407 Howard Avenue,
Lancaster, PA 17603
Every 2nd and 4th Wednesday
2:00pm-4:00pm

Seniors/Disabled 4:00pm-6:00pm

*requirements: Photo ID

Ebenezer Baptist Church

717-509-8413

701 Lime Street, Lancaster, PA 17602
Every other Friday 9:00am-11:00am
*requirements: Photo ID

Good News Outreach

610-273-3394

895 Red Hill Road, Narvon, PA 17555
2nd and 4th Friday 6:00pm-7:00pm
*requirements: Photo ID, Narvon Gap,
Intercourse, Gordonville Kinzers,
Paradise

Hempfield Area Food Pantry

717-898-2954

85 E. Brandt Boulevard
Landisville, PA 17538
Every Monday and Wednesday
10:00am-1:00pm
*requirements: Photo ID, Hempfield
School District residents only

His Helping Hands Food Pantry

717-354-0056

105 Earland Drive
New Holland, PA 17557
1st and 3rd Friday 6:00pm-7:00pm
*requirements: Photo ID, New Holland
area (17557), ELANCO area

Jean Polite Food Pantry

717-393-8379

512 E. Strawberry Street
Lancaster, PA 17602
Every Wednesday and Thursday
10:00am-12:00pm
*requirements: Photo ID

Lancaster County Council of Churches

717-291-2261

812 N. Queen Street
Lancaster, PA 17602
Referrals Mon-Fri 9:00am-11:00am;
2:45pm-3:45pm
Walk-in M/W/F 12:30-1:45
*requirements: Photo ID, Referrals
by case workers; Lancaster area

Manheim Central Food Pantry

717-665-2331

334 W. Gramby Street
Manheim, PA 17545
Every Monday and Thursday
11:00am-1:00pm;
3rd Thursday 6:00pm-7:00 pm
*requirements: Manheim Central
School District only

New Holland Food Pantry

717-354-3776

221 E. Main Street
New Holland, PA 17557
Call Monday 9:00am-12:00pm;
P/U -Wednesday 3:00pm-6:00pm
*requirements: Photo ID;
Elanco School District residents only
Referrals: ESSN 717.354.3776

Our Mother of Perpetual Help

717-733-6562

300 W. Pine Street, Ephrata, PA 17522
Every Wednesday 5:00pm-6:30pm
*requirements: Referrals: Ephrata CAP
717-733-6562

Peter's Porch Food Pantry-Akron

717-859-2100

435 Main Street, Akron, PA 17501
3rd Saturday 8:00am - 10:30am
*requirements: Photo ID;
Akron area (17501)

Peter's Porch Food Pantry-Denver

717-336-2141

357 Walnut Street, Denver, PA 17517
1st Saturday 8:00am -10:00pm
*requirements: Photo ID;
Denver area (17517)

Peter's Porch Food Pantry-Lititz

717-626-8237

165 E. Front Street, Lititz, PA 17543
2nd Saturday 8:00am-10:00pm
*requirements: Photo ID
Lititz area (17543)

our food pantry partners (continued)

Petra Food Bank

717-354-5394

548 Ranck Road

New Holland, PA 17557

2nd Wednesday (A-L) 3:00pm-8:00pm

2nd Thursday (M-Z) 5:00pm-8:00pm

*requirements: Photo ID; Elanco School

District residents and Petra members

Restauracion en Cristo

717-808-9961

10 Donegal Springs Road

Mt. Joy, PA 17522

Every other Sunday 3:00pm to 5:00pm

*requirements: Photo ID;

Mt. Joy (17552)

Roca de Salvacion, Iglesia Menonita

717-826-6029

637 S. Prince Street

Lancaster, PA 17603

Every Thursday 9:00am-11:30am

*requirements: Photo ID

Salvation Army

717-397-7565

131 S. Queen Street, Lancaster, PA

Every Friday 10:00am-12:00pm

1:00pm-3:00pm

Recipients should call their food pantry first to ensure their food pantry is open for distribution due to the changing conditions of the Pandemic.

food bank resource guide 2021 responding to the need in our community



The Food Bank is committed to making sure all of our neighbors have access to enough food during the COVID-19 (coronavirus) crisis and beyond.

Our Produce to People and FoodShare programs cannot operate in accordance with our new drive-up distribution model and have been canceled. Details on new events will be posted on our website and social media channels as they become available.

WHAT IS A DRIVE-UP DISTRIBUTION?

These events provide individuals and families with at least 40 pounds of food in one or more pre-packed boxes. Food is loaded in to your trunk or vehicle once you come through the distribution line.

WHO QUALIFIES FOR ASSISTANCE?

There is no required proof of eligibility and anyone is eligible for food. Your information will only be used to provide you food and help us improve your service. This information is subject to change.

WHAT IF I DON'T HAVE A CAR?

For the safety of those at the event, walk-ups are not permitted at drive-up distributions. If you do not have a vehicle, you may have another individual drive you to pick up food.

Each household must complete a reservation to receive food. The same car and license plate can be used up to three times for the same event. There are no exceptions to one reservation getting one share of food. For one car to get two or three shares of food, the car must have more than one family or household.

HOW DO I MAKE A RESERVATION?

Find us online at pittsburghfoodbank.org/get-help/drive-up.

Call the Food Bank Call Center at 412-460-3663, ext. 655 for help making a reservation and to learn about other food assistance options like food pantries, Senior Boxes, and SNAP.

SNAP (FOOD STAMPS)

Food Stamps can help you buy food.

Call or text us for help applying.

Call: 1-833-822-SNAP (7627)

Text: SNAP to 412-435-4446

ALLEGHENY COUNTY SITES

Duquesne

Greater Pittsburgh Community Food Bank

1 North Linden Street

July 12, August 9, September 13:
12:00pm-2:00pm

July 26, August 23, September 27:
5:00pm-27:00pm

Wilkesburg

East End Behavioral Health Hospital

Enter at 225 Penn Avenue

July 14, August 28, September 25:
10:00am-12:00pm

Allegheny Valley

Pittsburgh Mills Galleria

590 Pittsburgh Mills Boulevard

July 13, August 10, September 14:
5:00pm-7:00pm

food bank resource guide 2021 (continued)



McKeesport

Founders Hall Middle School

1960 Eden Park Boulevard
 July 17, August 21, September 18:
 10:00am-12:00pm

REGIONAL SITES

Washington

Washington County Fairgrounds

2151 N Main Street
 July 6, August 3, September 7:
 11:00am-1:00pm

Johnstown

Johnstown Galleria

500 Galleria Drive
 July 14, August 11, September 8:
 12:00pm-2:00pm

Beaver Falls

Pathway Church

279 Braden School Road
 July 10, August 14, September 11:
 11:00am-1:00pm

Aliquippa

Mt. Carmel Presbyterian Church

Enter at 2200 Kennedy Boulevard
 July 30, August 20, September 17:
 12:00pm-2:00pm

Butler

Lernerville Speedway

313 N. Pike Road
 July 27, August 24, September 28:
 11:00am-1:00pm

House Of Bread Outreach

Greater Pittsburgh Food Bank

**1111 Wood Street
 Pittsburgh, PA 15221**

412-731-6221

DISTRIBUTION HOURS

Mondays and Thursdays
 5:00pm-6:00pm

SERVICES PROVIDED

Soup Kitchen

activities

PHONE BINGO!

**Wednesday, July 21, 2021
 11:00am Sharp!**

Login by calling **1-646-558-8656**

Password: 127285
 Participants ID: 438373

Please contact **Anitra** at
412-323-0203, Ext 6114
 with any questions.

MOVIE MONDAY

**There is no Movie Monday
 in July** due to Covid-19, but
 watch good movies or TV shows
 at home until we can together.

Please contact **Anitra** at
412-323-0203, Ext 6114
 with any good movie ideas!

PHONE BIBLE STUDY

Increase your Faith, Hope, Love, Joy,
 and Prayer Life with Pastor Emmanuel
 D. Hughes, Engrafted Word Church.

**Please Join Us at Christian Home
 Healthcare for a Phone Bible Study.**

Wednesdays from 12:00pm-1:00pm
 Login by calling **1-646-558-8656**

Password: 127285
 Participants ID: 438373



DISCLAIMER
 The views and opinions expressed
 during phone bible study are those of
 the participants of phone bible study
 and do not necessarily reflect the
 positions of the Staff of Christian
 Home Healthcare or its agents.

freshforall

Free fresh fruits and veggies
for those who need them!

A  PROGRAM

PHILADELPHIA AND SURROUNDING AREAS

Camden, NJ

St. John Baptist Church

400 N. 30th Street
Camden, NJ 08105
Tuesdays, 9:30am–10:30am

Souderton, PA

Grace Bible Baptist Church

Main Street & Summit Avenue
Souderton, PA 18964
Tuesdays, 1:00pm–2:00pm

Burlington, NJ

St. Catherine Church

502 High Street
Burlington, NJ 08016
Tuesdays, 1:30pm–2:30pm

Glassboro, NJ

Glassboro Park & Recreation

Owens Field

230 Wilmer Street
Glassboro, NJ 08028
Wednesdays, 9:30am–10:30am

Sharon Hill, PA

Mount Zion CME Church

701 Felton Avenue
Sharon Hill, PA 19079
Wednesdays, 1:30pm–2:30pm

Philadelphia, PA

Salvation Army

5830 Rising Sun Avenue
Philadelphia, PA 19120
Thursdays, 10:30am–11:30am

Paulsboro, NJ

Paulsboro Moose Lodge

402 Cook Avenue,
Paulsboro, NJ 08066
Thursdays, 2:30pm–3:30pm

Upper Darby, PA

Christ Lutheran Community Church

7240 Walnut Street
Upper Darby, PA 19082
Fridays, 9:30am–10:30am

Bristol, PA

Bucks County Community College

1304 Veteran Highway
Bristol, PA 19007
Fridays, 12:00pm–1:00pm

Philadelphia, PA

Under 95 Overpass

Front and Tasker Street
Philadelphia, PA 19147
Fridays, 1:30pm–2:30pm

Fresh For All operates every week, rain or shine, except during severe weather. This includes temperatures below 32 degrees, heat advisories or excessive heat warnings,

heavy rain or snow, and thunder and lightning storms.

**In case of bad weather,
please call 215-220-1920.**

**All area residents are welcomed.
Please bring your own bags and boxes.**

**No ID or verification required.
Participation does NOT affect
government benefits.**

Christian Group is available at 412-323-2273 to assist with any of your general needs. We have trained skilled nurses, physical therapists, and occupational therapists on staff to answer any of your general questions. Of course, contact your physician for any specific personal needs. We want the whole you to stay healthy during this stressful time.

recipe corner

strawberry lemonade

by Lauren Allen



INGREDIENTS

- 1/2 pound fresh strawberries, stems removed
- 1 1/2 cups granulated sugar
- 4 1/2-5 cups water , divided
- 1 1/2 cups fresh-squeezed lemon juice

DIRECTIONS

Use a blender or food processor to puree the strawberries. Strain them through a fine mesh sieve, if desired, to remove seeds.

In a small saucepan, over medium heat, stir together sugar and 2 cups water.

Bring to a boil, and stir until sugar is dissolved. Remove from heat and allow to cool to room temperature.

Strain the lemon juice through a fine-mesh sieve into a 2-quart pitcher. Add simple syrup and pureed strawberries and stir to combine. Refrigerate until cold.

When ready to serve, add 2 1/2 cups of cold water and stir. Taste, and add more water if it's too sweet.

Serve with ice.

recipe corner

patriotic red, white & blue cheesecake

by Lindsay Funston



INGREDIENTS

- 1 (8-oz.) block cream cheese
- 1/3 c. powdered sugar
- 1/2 tsp. pure vanilla extract
- 1 c. Cool Whip
- 10 strawberries, halved
- 30 Blueberries

DIRECTIONS

In a medium bowl using a hand mixer, beat cream cheese, powdered sugar, and vanilla until fluffy and combined. Fold in Cool Whip.

Transfer mixture to a piping bag and pipe over cut side of strawberry.

Top with blueberries and serve.

recipe corner

summer peach pie

by Bill Backa



Back in the day when the family had a full producing peach tree, Dad would enjoy helping to prepare a home-made peach pie! Bill Backa

INGREDIENTS

PIE CRUST

3 cups all-purpose flour,
plus more for rolling

1 tbsp. sugar

2 tsp. kosher salt

2 sticks chilled unsalted butter,
cut into 1/2-inch cubes

1/2 cup ice-cold water

PEACH FILLING

1/2 cup granulated sugar

1/4 cup corn starch

1 tbsp. fresh lemon juice

1 tbsp. bourbon

2 tsp. vanilla extract

1 tsp. kosher salt

1/2 tsp. ground cinnamon

1/4 tsp. freshly grated nutmeg

4 lb. peeled and pitted peaches,
thawed if frozen, chopped or cut
into thin wedges

1 large egg, lightly beaten

Turbinado sugar, such as
Sugar in the Raw, to garnish

DIRECTIONS

Make the pie crusts: In a large bowl, whisk the flour with the sugar and salt. Add the butter and, using your fingers, press the cubes of butter into the flour until they flatten and break apart into pea-size crumbles. Form a well in the center of the flour and pour in the water. Using a fork, flick the flour from the side of the bowl over the water, while turning the bowl, and toss until all the water is absorbed and the dough is still crumbly.

Scrape the dough onto a work surface and gather and press the dough until it forms a compact disk. Halve the disk and then form each half into a smaller disk. Wrap each disk separately in plastic wrap, and refrigerate for 1 hour.

Meanwhile, make the filling: In a large bowl, stir the granulated sugar with the cornstarch, lemon juice, bourbon, vanilla, salt, cinnamon, and nutmeg. Add the peaches and toss until evenly combined.

Heat the oven to 375°. Using a rolling pin, roll one dough disk into a 1/4-inch thick circle. Fit the circle into a 9-inch deep-dish pie pan and let the excess hang over the edge. Scrape the peach filling into the pie pan and distribute the fruit evenly. Roll the second dough disk into a 1/4-inch-thick circle and then, using a knife, cut it into 1-inch wide strips. Arrange the strips in a lattice pattern and then trim both dough circles so that 1/2 an inch of dough hangs over the edge. Lift up and then fold under the dough edge to form a thick crust, and then press to seal or crimp as desired. Brush the lattice dough and edge with the beaten egg and then sprinkle liberally with turbinado sugar.

Bake the pie until the crust is golden brown and the filling is bubbling in the center, about 1 hour and 10 minutes. Let the pie cool completely before serving.

health corner | summer safety



With the warmer weather comes summer fun. Whether it be hanging enjoying a “Staycation” or traveling from home, these few tips will help to make sure you get to enjoy any summer activity you choose.

SUNSCREEN

This may be something everyone is familiar with when the sun is shining. It should also be applied on cloudy days. Use a sunscreen that has both UVA and UVB protection.

PLANTS

You do not have to be hiking in the woods to come across a variety of poisonous plants such as poison ivy. Make sure you are familiar with what these plants look like so you can avoid them.

INSECTS

Outside bugs can be a nuisance, and also on rare occasions deadly. Insects like mosquitos carry West Nile virus and ticks carry Lime disease. Use a bug repellent that has DEET, also try to stay away from standing water as this is usually areas where some insects breed.

WATER

It is very important to stay hydrated all the time. In the summer heat it can be more difficult. Especially if you are outdoors enjoying the weather. A good rule of thumb is to drink some water every 20 minutes. Sports drinks are great to replace electrolytes, however they can be high in sugar.

FIREWORKS

The summer season Independence Day is celebrated. Along with picnics and family gatherings comes fireworks. They do not have to large and loud to be dangerous. Always have a bucket of water readily available. Do not use in dry grassy areas. Also, make sure the firework is completely out prior to touching to avoid being burned.

Everyone at Christian Group would like you to have a safe and fun summer. Please enjoy spending time with your friends and family as well as being outdoors safely. Please feel free to contact Christian Group at 412-323-2273 if you have any questions. Have a Happy and Safe Fourth of July!

caregivers corner

Caregivers are not superhuman, they just seem to be!

RISING STARS OF THE MONTH

Daniela Jones is attentive to the special needs of the person she is caring for and provides excellent care every day!

Maxine Berton is attentive to the special needs of the older person she is caring for and provides excellent care every day! Maxine’s consumer appreciates her.

Stephanie Lasher is attentive to the special needs of the person she is caring for and provides excellent care every day by covering extra shifts with compassion.

PLEASE REPORT ALL ER visits and hospitalizations to your staffing manager for documentation. It affects your plan of care and the number of hours your home care worker is working.

JULY 2021						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
4 Independence Day	5	6	7 Phone Bible Study 12:00pm	8	9	10
11	12	13	14 Phone Bible Study 12:00pm	15	16	17
18	19	20	21 Phone Bingo 11:00am Phone Bible Study 12:00pm	22	23	24
25	26	27	28 Phone Bible Study 12:00pm	29	30	31



happy birthday to all the celebrants!

BIRTHSTONE | Ruby
FLOWER | Delphinium

BIBLE VERSE

"For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes."

1 Corinthians 11:25

SUNDAY, JULY 4 Independence Day

Did you know that some of the best caregivers are people who are either a family member or a friend of the person who needs care? Ask about our worker referral bonus program.



4TH OF JULY WORD SEARCH

T M N W Q J E T A R B E L E C D Y
 I M T Q H H Y M Q R Q U D U E I A
 O Q T A W Q M Z Y E X U C C N T D
 I N D E P E N D E N C E L C J A I
 A S I O U O R H A M U A A T U Q L
 N K S A M E R I C A R P P S O S O
 U R P U F U B E E A Y S T R U B H
 P O A Y D L D W T O E C I N C I P
 K W R W E A A I L P O E A U E O N
 F E K H T F O G I A D E U S D I H
 Y R L I I N T R B E M D T N A T L
 L I E T N P T Z E U R A E T R S C
 U F R E U S L Q R R R U I U A A E
 J V S O D L K V T S L R O K P J B
 W I T O E O M O Y B B F I U P J L
 I A S V Y E M R E D R E M M U S E

- | | | | | |
|-------------|-----------|--------------|-----------|--------|
| America | Fireworks | Independence | Red | United |
| Blue | Flag | July | Sparklers | White |
| Britain | Fourth | Liberty | Stars | |
| Celebrate | Freedom | Parade | Stripes | |
| Declaration | Holiday | Picnic | Summer | |

© 2018 Happiness is Homemade (www.happinessishomemade.com) FOR PERSONAL USE ONLY!



801 Vinial Street Suite 203 Pittsburgh, PA 15212
christianhomehealthcare4u.com

JULY 2021

COMMUNITY CONNECTION

Christian Home Healthcare's
Monthly Newsletter

save the dates | activities for july

PHONE BINGO
July 21, 2021
11:00am

PHONE BIBLE STUDY
Wednesdays
12:00pm



If you are interested in participating or need more information about any activities, please call **Anitra at 412-323-0203 Ext. 6114**

christianhomehealthcare4u.com